



CHARTER OF PRINCIPLES

Work Options is a signatory organisation to the Australian Consensus Statement of the Australasian Faculty of Occupational and Environmental Medicine (AFOEM) on the Health Benefits of Good Work® initiative

Signatories to the Consensus Statement are committed to actively implementing the principles articulated in the Consensus Statement to create safe, healthy workplaces. As signatories, we acknowledge that good work can play a central role in contributing to people's health and wellbeing.

A commitment to realising the Health Benefits of Good Work® means:

- When practicable, we encourage and accommodate people to remain connected to the workplace while recovering from illness or injury, as this facilitates shorter recovery times and prevents unnecessary disability.
- We embrace the spirit of inclusive employment practices which helps to reduce the risk of unemployment, social and economic inequality and associated poor health outcomes.
- If injured or ill, we promote best practice rehabilitation and injury management for workers.
- Where appropriate, we encourage people with chronic illness and disabilities to be accommodated in the workplace with a supportive work culture.
- We promote the mental and physical health and well-being of people by fostering a supportive working environment and good interpersonal relationships.
- We understand that good work promotes good health and increases productivity.
- We advocate for safe and healthy work practices knowing this has socioeconomic benefits for both business and the wider community.
- We recognise that involvement in good work can promote social cohesion and increase peoples' sense of contribution to society

Dr Warren Harrex

President

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